# Lauren E. Childers

# **OBJECTIVE**

Collaborative, knowledgeable nurse educator seeking full-time teaching position utilizing mentorship, critical thinking, and open communication to develop students into competent, compassionate, and inclusive future nurses.

#### **EDUCATION**

#### James Madison University, Harrisonburg, VA

Doctorate in Nursing Practice, Projected Graduation December 2021

- Completion of Diversity and Inclusion Toolkit revisions for the National Hospice and Palliative Care Organization
- International infection control program enhancements through the James Madison University School of Nursing's collaboration with the Cayman Islands Initiative.
- Final Project Assessing Moral Distress and Substance Use among Nurses in the Time of COVID-19 to Improve Patient Safety

## Old Dominion University, Norfolk, VA

Masters in Nursing in Clinical Nurse Specialist/Educator, December 2017

#### Franciscan University of Steubenville School of Nursing, Steubenville, OH

Bachelors in Nursing, May 2012

#### LICENSES AND CERTIFICATIONS

- Commonwealth of Virginia Registered Nurse
- American Association of Critical Care Nurses Adult/Gerontology CNS-Acute Care
- American Association of Critical Care Nurses Certified Critical Care Nurse
- American Heart Association Basic Life Support
- American Heart Association Advance Cardiac Life Support
- NIH Stroke Scale Certified

#### **NURSE EDUCATOR EXPERIENCE:**

James Madison University, School of Nursing, Harrisonburg, VA, January 2018 – Present

- Teaching as a clinical educator in the B.S.N program. Responsible for leading and managing group clinicals of 8-10 students in long term and acute care settings.
- Teaching in level two medical surgical course both fully virtual and as a hybrid modality
- Electronic Health Record Coordinator through integrating a new ATI product throughout the undergraduate program (2019-2020)
- Coordinated 10 sections of NSG 454L Transition to Practice Clinical Course (2018-2020)

Blue Ridge Community College, Weyers Cave, VW, January-May 2017

- Served as lecturer for final semester associate degree nurses for cardiac and pulmonary modules
- Prepared, administered, and evaluated module examinations with a focus on NCLEX style questions
- Assisted with in hospital clinical experiences and laboratory simulations

# **ADDITIONAL TEACHING EXPERIENCE:**

- Created Canvas self-care module to help students understand moral distress, what individuals care do to deal with difficult situations, and what resources are available module was used in both graduate and undergraduate programs (2021)
- Collaborated with simulation team to create an unfolding case study simulation (2020)
- Taught as an annual critical care competency instructor (2015-2017)
- Stroke trainer for all inpatient and emergency department nurses (2017)
- Created and implementated of transcatheter aortic valve replacement training for critical and progressive care units (2017)

# **CLINICAL NURSING EXPERIENCE:**

Critical Care Unit, Sentara RMH Medical Center, Harrisonburg, VA, December 2013 – Present

- Providing assessments and care of critically ill cardiac; vascular; oncology; neurosurgical; renal; drug overdose; septic and respiratory failure patients
- Providing care for postoperative care to cardiothoracic patients, maintaining ventilators, Intra-aortic balloon pump, procedural sedation, continuous renal replacement therapy, Impellas, Swan-Ganz catheters, Nicom, and titrating cardiac grips
- Acted as charge nurse of 16 bed unit general critical care unit, lead of Medical Response Team, and nursing lead of the Code Blue Team
- Precepted nursing students and new graduate nurses; assisted with transition to practice and professional role development

Emergency Department, University of Virginia, Charlottesville, VA, July 2013-December 2013

- Provided nursing care for 5-6 emergency department patients
- Triaged physical and psychologically ill patients
- Cared for patients requiring emergent attention including assisted with rapid intubation, stabilized trauma patients, started and maintained cardiac grips, administration of nebulizers, initiated hypothermic, stroke, sepsis, and STEMI protocols
- Educated patients on disease processes, treatment plans, and follow up

#### Intensive Care Unit, Wheeling Hospital, Wheeling, WV, July 2012 – July 2013

- Provided nursing care for 1-2 critical patients
- Resuscitated, stabilized, and managed care of critically ill patient with a focus in post neurosurgical care
- Actively promoted health, supported patients and families in coping with illness

Personal Care Tech, Life Line Hospital, Wintersville, OH, August 2011 – May 2012

• Provided care for patients by assisting with personal care and activities of daily living

## **SERVICE**

- Virginia Medical Reserve Corps (2021-present)
- Faculty Development Committee Member (2020-present)
- Technology and Simulation Committee Member (2018-2020)
- College of Health and Behavioral Science Diversity Simulation facilitator (2018-2019)
- Sentara System CAUTI member, Sentara RMH Medical Center (2016-2017)
- Sepsis alert implementation team member, data collector, Sentara RMH Medical Center (2017)
- Skin promotion committee member, Sentara RMH Medical Center (2015-2017)
- Critical Care Unit skin champion, Sentara RMH Medical Center (2015-2017)
- Community Screener, Sentara RMH Medical Center (2017)
- Professional Practice Committee-Co Chair, Sentara RMH Medical Center (2017)
- Annual mission trip to Gallup New Mexico Indian Reservation to assist with homeless shelters (2010-2011, 2012-student leader)

# PROFESSIONAL DEVELOPMENT

- National Council of State Boards of Nurses Understanding Substance Use Disorder (2021)
- National Council of State Boards of Nurses Managing Staff with Substance Use Disorder (2021)
- American Nurses Association's Leading a Cost Savvy Unit and Financial Training (2021)
- Institute of Ethics: International Lessons from a Pandemic (2021)
- James Madison University sponsored SBIRT course (2020)
- Providers Clinical Support System: Integrating Substance Use Disorder Treatment into Chronic Care (2020)
- Providers Clinical Support System: Dispelling the Stigma with Substance Use Disorder (2020)
- Duke University Clinical Instructor Intensive, (2019, 2020)

# **PRESENTATIONS**

- Childers, L. (2019). *Critical Care Concepts: An unfolding case study*. Presented at Virginia Nursing Student Association Conference at James Madison University, Harrisonburg, VA.
- Childers, L. (2018). *Critical Care Concepts: An unfolding case study*. Presented at Virginia Nursing Student Association Conference at James Madison University, Harrisonburg, VA.
- Childers, L. (2016). *Critical to think*. Presented at Critical Concepts Conference at Sentara RMH Medical Center, Harrisonburg, VA.

# **MEMBERSHIPS**

- National Nurses Association, since 2021
- Virginia Nurses Association, since 2020
- American Nurses Association, since 2020
- Virginia Association of Doctors of Nursing Practice, since 2019

- American Association of Colleges of Nursing, since 2018
- American Association of Critical Care Nurses, since 2015
- Blue Ridge Chapter of AACN-Secretary, since 2014

#### **GRANTS/SCHOLARSHIP**

• Virginia Nurse Educator Scholarship, 2017 -Virginia Department of Health's Office of Health Equity

#### **RESEARCH INTERESTS**

- Substance use disorder, especially within healthcare workers
- Mental health and moral distress in healthcare workers
- Transition to practice for nurses
- Use of technology to improve chronic illness management in underserved populations
- Critical Care